

# CORPORATE ROW - FANCY A GO?



26th July - 22nd August '10

## CAN YOU PULL TOGETHER?

Whether you want motivational teambuilding, to learn a new skill, increase your fitness, or just have fun on the water in the summer\*, our fully structured 4 week 'Corporate Row' course is the perfect opportunity to get on the water in teams of 8-10 & discover the ultimate team sport...

All are welcome, even if you don't have a full team:

- Companies (for team building or just fun)
- Non-corporate groups (eg: sports clubs, friends)
- Teams challenging each other (eg: rival companies, sports clubs)
- Composite crews (eg: different companies / clients)

\*CBRC Cannot take responsibility for the (lack of) British summer during Corporate Row

## SO WHAT DO YOU GET?

4 week course: 8 x 1hr water sessions in a boat of 8 with expert coaching & steers person, plus 2 land sessions.

Put it to work: Grand finale at Bristol Regatta on Sunday 22nd August with Corporate races throughout the day in your own event. All teams will race at least 3 times ensuring all team members race. Light catered buffet lunch provided.

Opportunity: To join the club at end of the course  
- Subject to availability and provision of full subs.

Use of Club's fully insured equipment (including public liability).

An oarsome experience for just £750 per team!  
PLUS... £100 discount for the first 3 teams to sign up...

**COURSE INCLUDES:**  
Rowers 'pots', a perpetual trophy for the winners and media coverage

**Spaces are going fast! To reserve or find out more email: [corporate\\_row@bristolrowing.co.uk](mailto:corporate_row@bristolrowing.co.uk)**